# EXHIBIT B

Declaration of Omar Gonzalez-Pagan in support of Motion to Exclude Expert Testimony of Dr. Paul R. McHugh *Kadel v. Folwell*, No. 1:19-cv-00272-LCB-LPA (M.D.N.C.)

	Page 237	
1	IN THE UNITED STATES DISTRICT COURT	
2	FOR THE MIDDLE DISTRICT OF NORTH CAROLINA	
3		
4	MAXWELL KADEL, et al. )	
	)	
5	Plaintiffs ) Case No.:P	
	)	
6	vs. ) 1:19-CV-00272-LCB-LPA	
	)	
7	DALE FOLWELL, et al. )	
	)	
8	Defendants )	
9		
10	FRIDAY, OCTOBER 29, 2021	
11	VOLUME 2	
12		
13	Continued remote videotaped deposition of PAUL R.	
14	McHUGH, M.D., was taken on Friday, October, 29, 2021,	
15	commencing at 9:46 a.m., before Rebecca L. Schnur,	
16	Notary Public	
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21	Reported By: Rebecca L. Schnur	
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Q. Is there a particular calculation that you do
to define what a reasonable degree is?

MR. KNEPPER: Objection. Form.

- A. I do, on the foundations of an opinion.

  There are sources in science that -- applications, when reported, and the degree of confidence in which people are proceeding.
- Q. Okay. Is there a specific degree of certainty here, like 95 percent confidence, like -- or something like that?
- A. No. I don't -- I don't suppose there is, especially in a contested opinion.
- Q. Is there an error rate for what is a reasonable degree of medical certainty?

MR. KNEPPER: Objection to form.

- A. In this area, there isn't. Yeah.
- Q. If we can turn to page 14 of this document --
- A. Sure. Yes.

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- Q. -- and in the second-to-last paragraph here --
  - A. Yeah. Yes. 14.
- Q. -- sorry, third-to-last paragraph, do you see that, where it says -- you state, as one of the summaries you're repeating is that, quote, "Affirmation ('transgender transitioning') medical treatments -

hormones and surgery - for gender dysphoria and 'transitioning' remain unproven and thus not been accepted by the relevant scientific communities (biology, genetics, neonatology, medicine, psychiatry, psychology, et cetera.)"

A. Yes.

- Q. Did I read that correctly?
- A. You did, sir.
- Q. Okay. What is the relevant scientific community to which you refer when you state that gender-affirming medical treatments have not been accepted by the relevant scientific medical communities?
- A. It's just the plain ordinary medical community of practitioners, especially practitioners at the forefront of this matter.
  - MR. GONZALEZ-PAGAN: And, Lauren, we can stop the screen scare.
- Q. Mr. McHugh, are you familiar with the National Academy for Medicine, formerly known as
  - A. I'm a member.
- Q. You're a member.

Would you consider that to be part of the relevant scientific community?

1	A. It is an organization that is a contemporary
2	scientific and medical community. And I don't I'm
3	not sure that their opinion, really, on these matters
4	are ones that I would always accept, no.
5	Yes. So it's a complicated thing. I think
6	it's a relevant community, but not a commanding
7	community.
8	Q. Okay. Are you familiar with the National
9	Academy for Science?
10	A. Yes.
11	Q. Okay. And would your opinion be the same,
12	that it is a relevant community?
13	A. Yes.
14	MR. GONZALEZ-PAGAN: This is a large PDF, but
15	I'm introducing what's been marked as Exhibit 15,
16	continuing the enumeration from the beginning of
17	the deposition on September 8.
18	Lauren, if you can screen share Exhibit 15.
19	(Whereupon, Deposition Exhibit 15 was marked
20	for identification.)
21	MR. GONZALEZ-PAGAN: We can turn to page 2 of
22	that exhibit.
23	THE WITNESS: Yes.
24	BY MR. GONZALEZ-PAGAN:
25	Q. Dr. McHugh, I'm showing you what's been

titled -- what is titled, "Understanding the Well-Being of LGBTQI-plus Populations." And it appears to be a consensus study report of the National Academies of Sciences, Engineering and Medicine.

Do you see that?

A. I do, sir.

MR. GONZALEZ-PAGAN: Okay. If we go on to the next page -- and I'll note for the record that this exhibit contains some highlighting that is not part of the original, that has been done by me. There are no other alterations to the document.

Actually, if we go to what would be page 5 of the PDF -- and we can zoom in there a little bit -- the prior page.

#### BY MR. GONZALEZ-PAGAN:

Q. Dr. McHugh, it states, that a "Consensus study" report "published by the National Academies of Sciences, Engineering, and Medicine document the evidence-based consensus on the study's statement of task by an authoring committee of experts," that the "Reports typically include findings, conclusions...recommendations based on information gathered by the committee and the committee's deliberations. Each report has been

subjected to a rigorous and independent peer-review process and it represents the position of the National Academies on the statement of task."

Did I read that correctly?

A. You did, sir.

- Q. So would you agree with me that it appears that this document, as a consensus study report, is both the official position of the National Academies and that it is a document that was subjected to an independent peer review?
  - A. Yes. That's what it says, yeah.

MR. GONZALEZ-PAGAN: If we go to the page 311 of the PDF, Lauren. It's page 12-10 of the document.

MR. KNEPPER: Omar, one second. I'm still having trouble pulling up the exhibit.

Do the other counsel have access to it through exhibit share?

MS. EVANS: Yes, John. Actually, what I'm sharing on the screen is from the marked exhibits folder.

MR. KNEPPER: Yeah. That's what I -- I was hoping you'd say that because I've just -- I've still got only 14.

MR. GONZALEZ-PAGAN: So it's a different

folder for today, John.

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MR. KNEPPER: Got it. Okay. I see what's going on here. Yep. Got it.

Okay. Thank you for your time. Yeah. Okay. Great. Thank you.

MR. GONZALEZ-PAGAN: We can zoom in on that a little bit more, Lauren.

## BY MR. GONZALEZ-PAGAN:

Ο. The consensus study report on this page, page 12-10 of the report, states, "Clinicians who provide gender-affirming psychosocial and medical services in the United States are informed by expert evidence-based guidelines. In 2012, the World Professional Association for Transgender Health (WPATH) published version 7 of the 'Standards of care for the Health of Transgender, Transsexual, and Gender-Nonconforming People, which have been continuously maintained since 1979, and revisions for version 8 are currently underway (Coleman et al., 2012.) Two newer guidelines have also been published by the Endocrine Society (Hembree et al., 2017) and the Center of Excellence for Transgender Health (UCSF Transgender Care, 2016). Each set of guidelines is informed by the best available data and is intended to be flexible and holistic in application to individual

people. All of the guidelines recommend psychosocial support in tandem with physical interventions and suggest timing interventions to optimize an individual's ability to give informed consent. Mental and physical health problems need not be resolved before a person can begin a process of medical gender affirmation, but they should be managed sufficiently" so "that they do not interfere with treatment."

Did I read that correctly?

- A. You did, sir.
- Q. Will you agree that it is, then, the official position of the National Academies of Medicine, Science, and Engineering that the provision of gender-affirming psychosocial and medical services for the treatment of gender dysphoria is informed by expert evidence-based guidelines, including the WPATH standards of care?
  - A. Well, that's what it says.

MR. GONZALEZ-PAGAN: We can stop sharing this exhibit.

I'm introducing what's been marked as Exhibit 16.

(Whereupon, Deposition Exhibit 16 was marked for identification.)

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## BY MR. GONZALEZ-PAGAN:

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- Q. Mr. McHugh, would you consider the American Psychiatric Association to be part of the relevant scientific community when it comes to these questions?
- A. Do I consider them -- well, I consider them part -- yes, I consider them part of -- yes, they're part of the community, yes.
  - MR. GONZALEZ-PAGAN: We're showing you -Lauren, if we could screen share Exhibit 16.
- Q. This is the position statement of the

  American Psychiatric Association on "Access to Care for

  Transgender and Gender Diverse Individuals."

Do you see that?

- A. I do see it.
- Q. Okay. Have you seen this document before?
- A. Actually, I haven't, no.
  - Q. Okay. Have you seen the National Academies report before?
    - A. No, I hadn't.
  - Q. And the National Academies report was published in 2020.
- Is there any reason why you were -- didn't look to what the National Academies have said on this question?
  - A. I don't think I had any particular reason.

MR. GONZALEZ-PAGAN: On this document, if we could zoom in on the center of the issue.

MR. KNEPPER: Just to clarify, what's the date on this document, Omar?

- Q. Sure. Dr. McHugh, do you see where it says it was approved by the board of trustees of the American Psychiatric Association in July of 2018?
  - A. Yes, I do, sir.

- Q. And it was approved by the assembly May 2018. Is that right?
  - A. I do. Yes. Uh-huh.
- Q. It states -- just below the issue, it states that, "Significant and longstanding medical and psychiatric literature exists that demonstrates clear benefits of medical and surgical interventions to assist gender diverse individuals seeking transition. However, private and public insurers often do not offer, or may specifically exclude, coverage for medically necessary treatments" of "gender transition. Access to medical care (both medical and surgical) positively impacts the mental health of transgender and gender diverse individuals."

Did I read that correctly?

A. Yes. I didn't follow you at first, but I think I'm following it now. Yes. I don't see that you

read it incorrectly, no.

- Q. Okay. If we move a little bit further down on the document --
  - A. Yes.
- Q. -- on position Number 3, it states that the American Psychiatric Association, "Opposes categorical exclusions of coverage for such medically necessary treatment when prescribed by a physician."

Did I read that correctly?

- A. You did, yes.
- Q. Okay. Were you aware of this position of the American Psychiatric Association?
  - A. I was.
- Q. Is there any reason why you didn't disclose this when you were stating that the relevant scientific community does not accept this position?
- A. No, other than my opinion that this did not rest on a solid science foundation. The references that they all have made and looked at are weak, a weak proof for the medical necessity in many of the -- at least the hormonal and surgical treatment of these patients, so I disagreed with them.
- Q. I agree -- I understand that, Dr. McHugh. I guess my question is, because your opinion is that this view has not -- about the medical necessity of this

treatment, quote, has not been accepted by the relevant scientific communities -- and I've just shown you two examples of the National Academies and the American Psychiatric Association that appear to say to the contrary.

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And I'm just curious why you didn't disclose that in your report.

- A. Because I didn't agree with it, I suppose. I didn't agree that they had -- actually, in their opinions, every time I did look, I know it was discussing the foundations, like in the Anderson Society. They agree that the foundations were not strong. So I believe that these represented more advocacy groups in this area than true full scientific evaluations of the benefit of these processes to the patient. I held that opinion and I still hold it to this day.
- Q. Would you agree that the American

  Psychological Association also is in agreement that

  this medical -- that this medical treatment and

  hormonal and surgical treatments are medically

  necessary and beneficial to the transgender population?

  MR. KNEPPER: Objection.

  - A. Yes. I understand that. Yes.
    - Q. Will you agree that the American Medical

Association also supports the provision of medical treatment for the treatment of gender dysphoria? MR. KNEPPER: Objection to foundation.

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Α. I realize that these organizations have made these statements. What I've said and what I still hold is that the foundations on which they hold these opinions, they, themselves, agree are somewhat shaky, when they look at them individually and at the data that they show, that these do not represent the kind of evidence on which they would ordinarily support a treatment.

They've done this before, in other conditions, such as the multiple personality disorder, so I've seen this kind of approach to vexed social question.

- I understand that, Mr. McHugh. 0. I quess --
- Α. Right, Counsel. I'm sorry. I beg your pardon.
  - Ο. No. It's okay. I appreciate it. MR. GONZALEZ-PAGAN: If we can stop sharing this exhibit, Lauren.
- 0. Dr. McHugh, you made mention, for example, of the Endocrine Society, which you noted have published guidelines that were graded and were peer-reviewed.

Do you recall that?

1 A. Yes.

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MR. GONZALEZ-PAGAN: Okay. I am introducing
what's been marked as Exhibit 17.

(Whereupon, Deposition Exhibit 17 was marked for identification.)

MR. GONZALEZ-PAGAN: Lauren, if we could share it.

If we can zoom in, at the top.

## BY MR. GONZALEZ-PAGAN:

Q. This appears to be a position statement on transgender health by the Endocrine Society and the Pediatric Endocrine Society.

Do you see that?

- A. I do.
- Q. I believe this is the same Endocrine Society to which you referred to as having done a graded look at the evidence in support of their guidelines. Is that right?
  - A. Yes.
- Q. And if we go to the next page, at the bottom, at the very bottom, this appears to have been published in December 2020.

Do you see that?

- A. I do, yes.
- Q. Just a little bit on top, the second bullet

point under "Positions" --

- A. Okay. Yeah.
- Q. -- it states, "Medical intervention for transgender youth and adults (including puberty suppression, hormone therapy and medically indicated surgery) is effective, relatively safe (when appropriately monitored), and has been established as the standard of care. Federal and private insurers should cover such interventions as prescribed by a physician as well as the appropriate medical screenings that are recommended for all body tissues that a person may have."

Do you see that?

- A. I do.
- Q. Okay. So it is the view of this organization, which you referenced to have done an assessment of the evidence, that these medical interventions are effective, relatively safe, and have been established as the standard of care.

Is that right?

- A. That's what it says, yes.
- Q. Would you consider your fellow medical professionals at Johns Hopkins to be part of the relevant scientific community with regards to this question?

1 A. Some of them.

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- Q. Do you recall that last time we discussed the Johns Hopkins Center for Transgender Health?
- A. I do, yes.

5 MR. GONZALEZ-PAGAN: Lauren, we can drop this exhibit.

I'm introducing what's been marked as Exhibit

And Lauren, if we could show it.

(Whereupon, Deposition Exhibit 18 was marked for identification.)

## BY MR. GONZALEZ-PAGAN:

Q. This is a printout of the web page for -- the services and appointments page of the Center for Transgender Health at Johns Hopkins Medicine.

Do you see that?

- A. I do. I see it, sir. Yes.
- Q. Okay. And Johns Hopkins Medicine is where you are employed. Is that correct?
  - A. That is, yes.
- Q. Okay. And as we discussed, they have a Center for Transgender Health?
- A. It does.
- Q. Okay. That first paragraph states, "The Johns Hopkins Center for Transgender Health offers

comprehensive, evidence-based and affirming care for transgender youth and adults that is in line with the standards of care set by the World Professional Association for Transgender Health."

Did I read that correctly?

A. You did.

MR. GONZALEZ-PAGAN: All right. We can take the exhibit down.

- Q. Mr. McHugh, are you aware who -- are you familiar with Dr. Kenneth Zucker?
  - A. Yes.
- Q. Okay. Would you consider Dr. Zucker to be part of the relevant scientific community?
  - A. Yes.
- Q. Are you aware that Dr. Zucker supports providing hormonal and surgical care for the treatment of gender dysphoria to a transgender person whose gender dysphoria persists into adolescence?
- A. I'm aware of Dr. Zucker's position on this, which he believes, from case to case, is very complicated, and sometimes he says that he feels that he should support this kind of treatment.

And I have disagreed with him on those matters. And he and I -- I have great respect for him, but we are in contention a little bit about what should

be done for youth. Most of the time, Mr. Zucker -Dr. Zucker has recognized that most of these patients
are not helped by -- are not benefited by these
physical treatments.

Q. Well --

- A. You can find plenty of evidence for that in his testimony, such that, ultimately, because of his position on these things, he was deprived of his position in Canada.
- Q. And even then, he still provided this care for individuals whose gender dysphoria persisted into adolescence?
- A. Yes, I gather he did, but very reluctantly, I believe, and not reluctantly enough, in my opinion.

I believe that these kinds of treatments should not be given to adolescents or anyone who is a minor.

- Q. Just shifting gears, then, a little bit, last time, we briefly discussed some of your publications --
  - A. Yes.
- Q. -- relating to the topic of gender dysphoria and transgender persons.

Do you recall that?

A. Yes, I do. I remember that very well, Counselor.

Q. And we established that two of those publications were the -- an article titled, "Sexuality and Gender Findings from the Biological, Psychological and Social Sciences," and the other, "Growing Pains, Problems with Puberty Suppression in Treating Gender Dysphoria."

Do you recall that?

A. I do, yes.

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- Q. Okay. Those two articles were published in "The New Atlantis." Is that right?
  - A. That's correct, sir. Yes.
- Q. Okay. "The New Atlantis" is not a peer-reviewed journal. Is that right?
  - A. No, it wasn't. No.
  - Q. Is it a scientific journal?
- A. No. It's an ordinary journal for the public. It's a public publication to inform the public about what the authors believe the scientific community has shown.
- Q. Who published "The New Atlantis" at the time of the publication of these articles?
  - A. Who published it?
- Q. Yes.
- A. I don't know exactly who the publishers are.
  - Q. Are you familiar with the Center for -- the

Ethics and Public Policy Center?

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- A. Yes. I'm sorry. Yes. These are things that slip my mind. Yes, of course. And it was from that organization that this -- that "The New Atlantis" is one of its publications, yes.
- Q. Are you aware that the Ethics and Public Policy Center represents itself as Washington, DC's premier institute dedicated to applying the Judeo-Christian moral tradition to critical issues of public policy?
  - A. Yes, I am. I'm aware of that, yes.
- Q. Why did you decide to publish these articles in a journal published by an organization that was dedicated to applying Judeo-Christian moral traditions to critical issues of public policy?
- A. It seemed an interesting organization and interesting publication to me.
- Q. Is there any reason why you chose not to publish either of these articles in a peer-reviewed journal?
- A. Because it's -- I didn't discover anything new. I wasn't describing anything new, which is what a peer-reviewed article is about.

This was my evaluation of what the peer-reviewed periodicals had shown. This is my

opinion of what peer-reviewed things -- it was not a new discovery. There were no new discoveries that were reported in that. It was an article of opinion, as you might find in "The Atlantic" or in "The New Republic" or in "The New Yorker."

## Q. Thank you.

2.0

Were you aware of some of the criticisms of the "Sexuality and Transgender" article by medical and scientific professionals?

A. I'm very aware of it. None of them seem to attack any particular opinion by other evidence. Most of the attacks were that they didn't like my reading of the literature.

MR. GONZALEZ-PAGAN: I'm introducing what's been marked as Exhibit 19.

Lauren, if you could please share it on the screen.

(Whereupon, Deposition Exhibit 19 was marked for identification.)

#### BY MR. GONZALEZ-PAGAN:

Q. This is a letter dated March 22, 2017. It starts by saying, the "Sexuality and Gender" report published in "The New Atlantis" by you and Dr. Lawrence Mayer -- the first -- the first page contains the letter, and there are another 35 pages or so of

1 | signatories.

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- A. Yes. Yes. I'm aware of that, yes.
- O. Yeah. Are you familiar with this letter?
- A. I am.
  - Q. In its last sentence, the letter states -MR. GONZALEZ-PAGAN: And if we can zoom in,
    Lauren, that would be great.
- Q. -- "In summary, as researchers and clinicians with expertise in gender and sexuality, we affirm that the 'Sexuality and Gender' report does not represent" the "prevailing expert consensus opinion about sexual orientation or gender identity related research or clinical care."
  - A. Yes. Yes.
  - Q. Were you aware of this critique?
  - A. I was. I was, very much so, yes.
- Q. Would you agree that the various doctors, researchers, and healthcare medical professionals that signed this letter are part of the relevant scientific community?
  - MR. KNEPPER: Object to form.
- A. They are, yes. I suppose they are, yeah.

  I've always supposed that they were,

  demonstrating, of course, that -- how contended this

field is. Experts that disagree.

1 MR. GONZALEZ-PAGAN: Let's exit this share.

And I'm introducing what's been marked as

3 Exhibit 20.

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(Whereupon, Deposition Exhibit 20 was marked for identification.)

MR. GONZALEZ-PAGAN: Lauren, if you could please share as soon as it publishes.

## BY MR. GONZALEZ-PAGAN:

- Q. Mr. McHugh, were you aware of some colleagues at Johns Hopkins that criticized your publication of the "Sexuality and Gender" report?
  - A. I'm very aware of that, yes.
- Q. Okay. I am showing you what is a printout of an op-ed in "The Baltimore Sun." It was by --

MR. GONZALEZ-PAGAN: If we can zoom in to the authors.

- Q. -- Drs. Chris Beyrer, Robert Blum, and Tonia

  Poteat, who are -- who represent themselves to be

  faculty at Johns Hopkins.
  - A. Yes.
- Q. It was published in September of 2016. And this printout was printed into PDF on -- if we can go to the top -- on September 7, of this year.

Were you aware of their critique by these faculty colleagues at Johns Hopkins?

1 A. Yes.

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Were you, Counselor, aware of my response to this in another editorial that followed a couple of weeks later?

- Q. If we go to the second paragraph, it states, "As faculty at Johns Hopkins, a major educational, research and health institution, we are writing to express our concern about a recently published report that we believe mischaracterizes the current state of the science on sexuality and gender."
  - A. Yes.
- Q. Were you aware that faculty colleagues at your institution thought that you were mischaracterizing the science in your report?
  - A. Well, these ones did, yes.

MR. GONZALEZ-PAGAN: We can exit the exhibit.

- A. As you can see, the first sentence of that article is -- demonstrates how lack of experts they are, in university life.
  - Q. Are you familiar with Dean Hamer?
  - A. Yes.
  - Q. Dean Hamer is a geneticist. Is that right?
- 23 | A. Yes. A distinguished person, yes.
- Q. Are you aware that he criticized your
  "Sexuality and Gender" article?

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- Q. Would you consider Dean Hamer to be part of the relevant scientific community to which you refer to in your report?
  - A. He's certainly relevant.
- Q. Would you consider Dr. Lawrence Mayer to be part of the relevant scientific community?
  - A. Yes. Yes.
- Q. And Dr. Mayer was your coauthor in the "Sexuality and Gender" and "Growing Pains" articles. Is that right?
  - A. That's right. Yes.
- Q. How did you come to work with Dr. Mayer on the "Sexuality and Gender" article?
- A. Dr. Mayer was a member of my department of psychiatry and he is an expert statistician. And I very much appreciate his enterprise in understanding the statistics of complicated matters, and so I asked him if he would join with me in this. And he was pleased to do so.
- Q. Were you aware that Dr. Mayer had been deposed in a court case involving a similar question with regards to this case, which had to do with coverage for gender-affirming care?
  - A. I'm aware that -- I'm aware that Dr. Mayer

Hopkins could give it, you know. And Johns Hopkins --

- Q. If we turn to the next page --
- A. Yeah.

Q. -- in the first full question and following answer, it states:

Question: You said that some of his views concern you or bother you. What views are those?

Answer: Well, I don't want to say what he thinks, but he's made statements that I would consider anti-gay, anti-transgender. And sometimes he has strong opinions, but he could influence people more if he wasn't so extreme. People told me he could use words like "gender pretender." Or he's made analogies to anorexia. And I don't think those are very helpful. I also think they can be mean-spirited, quite frankly.

Were you aware of this critique by Dr. Mayer about your views?

A. I'm aware of this critique by many people about my views.

I consider them wrong. I'm not anti-anything. I'm trying to work for the benefit of all patients.

And so they might be right that I could influence people if I wasn't so flat-footed about my opinion, but I believe that somebody in my position as

Page 276 1 Which -- Question: Which is Paul McHugh's 2 view? 3 Answer: Well, I don't know. He's made some 4 extreme statements about tran -- I mean, I read a 5 statement about gender pretenders or something like 6 that, an analogy to -- to body dysmorphic disorder. 7 And kind of -- I believe he might even have said that transgenders are mentally ill. Don't quote me on that, 9 but I believe he has. I find that very bothersome. 10 Very bothersome. 11 Were you aware of that critique by Dr. Mayer 12 of your views? 13 No, I wasn't. He never expressed it to me, 14 as he says. 15 Do you believe that being transgender is Ο. 16 against God's will? 17 Α. Of course not. 18 MR. KNEPPER: Form. 19 We previously looked at an article titled, Ο. 20 "Surgical Sex," that you published in "First Things" 21 in 2004. 22 Do you recall that? I do. Yes. 23 Α. Who publishes "First Things"? 24 Ο.

"First Things" is published by -- well, I

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Α.

don't know the organization behind it. It's a -- it's a Christian organization, and it has a -- it has a Christian background.

MR. GONZALEZ-PAGAN: And Lauren, we can remove the exhibit from screen share.

## BY MR. GONZALEZ-PAGAN:

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- Q. Are you familiar with the Institute on Religion and Public Life?
  - A. Yes, I am. I should know that.
  - Q. Is that the publisher of "First Things"?
  - A. That's right. Yes.
- Q. And is "First Things" a peer-reviewed journal?
  - A. No.
    - Q. Is it a scientific publication?
- A. No. But I'd already published in scientific peer-reviewed journals, so I was now expressing my opinion to the public, as I would in -- if I were writing for "The Atlantic" or "The New Yorker."

MR. GONZALEZ-PAGAN: Lauren, if we could show on the screen what's been marked as Exhibit 13 on the September 8 deposition.

- Q. And this is your article in "First Things" titled "Surgical Sex." Is that right, Dr. McHugh?
  - A. That's correct. Yes. Right.

The first four sentences of the second Ο. paragraph read, "Their regular response was to show me their patients. Men (and until recently they were all men) with whom" I'd spoken -- "with whom I spoke before their surgery would tell me that their bodies and sexual identities were at variance. Those I met after surgery would tell me that the surgery and hormone treatments that had made them 'women' had also made them happy and contented. None of these encounters were persuasive, however. The postsurgical subjects struck me as caricatures of women. They wore high heels, copious makeup, and flamboyant clothing; they spoke about how they found themselves able to give vent to their natural inclinations for peace, domesticity, and gentleness -- but their large hands, prominent Adam's apples, and thick facial features were incongruous (and would become more so as they aged)."

A. Yes, sir. Yes.

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Q. Do you believe that transgender women are caricatures of women?

Did I read that correctly?

- A. They often are, yes.
- Q. You begin your article "Surgical Sex," in the first paragraph, by making reference to the "Serenity Prayer." Is that right?

A. Yes, I did.	l. Yes
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- Q. Do you believe that religious views should determine whether transgender people diagnosed with gender dysphoria should be able to access gender-affirming care?
- A. Excuse me. I didn't understand that question. Give it to me again.
- Q. Sure. Do you believe that religious views should determine whether a transgender person diagnosed with gender dysphoria should be able to access gender-affirming care?
- A. No, I don't believe religious views, at the moment, should do that. I think somebody's religious views may well influence what they're doing, but in this discussion, I don't think religious views should be the prominent ones.

MR. GONZALEZ-PAGAN: We can stop sharing the exhibit on the screen.

# BY MR. GONZALEZ-PAGAN:

- Q. We also previously established that you had three other publications relating to gender dysphoria, one being "Psychiatric Misadventures"?
  - A. Yes.
- Q. And that publication was in the early '90s in "The American Scholar." Is that right?

Page 280 1 Correct. Yes. Α. And "The American Scholar" is not peer 2 Ο. 3 reviewed? 4 Α. No, it's not. And it's not a scientific publication. 5 Q. Is that right? 6 7 Α. No, it's not. Yes. 8 And the other was a commentary piece that you Ο. 9 published in "Nature Medicine" in 1995. 10 Α. Yes. 11 Q. It was not a study, but an essay. 12 Α. Yes. 13 Q. Is that correct? 14 Α. That's correct. 15 And the last one was a publication just last Ο. month on the publication "Commentary." Is that right? 16 17 That's right. Yes. Α. 18 Q. And "Commentary" is not a peer-reviewed publication. Is that right? 19 20 Α. No, it's not. That's right. 21 And it's not a scientific publication. Ο. Is 22 that right? 23 That's correct. Α. No. So none of your publications relating to this 24 Ο.

topic are actually studies. Is that correct?

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1 I have not published an actual study. Α. 2 I've reviewed studies, but I haven't made a 3 study of my own, no. 4 Oh, dear. It's okay. 5 Q. All right. I just -- previewing, I just have like three or four questions, and then I think it may 6 7 be appropriate to take a break, but I just want to finish my questioning. 9 Α. Sir, you're very welcome. 10 Just a second. I've lost your screen for 11 some reason or another. 12 Q. Okay. We can wait. We can wait for you, of 13 course. 14 Α. I think I'm coming back. 15 There you are. I'm back. 16 No problem. Q. 17 Α. For some reason or another, my screen automatically shut off. 18 19 Okay, sir. Here, I am. Go ahead. 20 Ο. I think we've discussed throughout 21 September 8 and today how you state your concerns are 22 scientific in nature about the provision of this care.

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That's correct.

MR. KNEPPER: Form.

Is that right?

Α.

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- Q. I am wondering, if your concerns are scientific and, purportedly, they date back at least until the mid-'70s -- is that correct?
  - A. Yes.

- Q. Why have you chosen to publish about these matters primarily in nonscientific journals?
- A. Because I thought that I could express my opinions there to the public at large. I thought the public at large needed to know that there was great contention in these matters. And although I did, after all, publish in "Nature Medicine," I did publish my opinions also publicly. It seemed that that was my responsibility as the director of the psychiatry department at Johns Hopkins, especially after we had decided that we were not going to support this any longer.
- Q. I am curious. If your concerns are also -in a similar vein, if your concerns are primarily
  scientific, why did you decide to publish primarily
  three of the last four publications in the last 20
  years in religiously affiliated publications?
- A. They were interested in my opinion. They asked me, most of them. They asked me if I would express it.
  - Q. Have you -- have you sought to have your

views regarding this matter, in the last few years, published in a peer-reviewed journal?

A. I have. In fact, I asked "The New England Journal" if they would be interested in having me write something on a respective. And they decided they didn't wish to have it published -- they didn't wish me to -- they didn't want to commission me to do that. So I tried.

MR. GONZALEZ-PAGAN: I think that we're at a good point to do a break, if that makes -- if that's okay with people.

THE WITNESS: If that is needed. It's not necessary for me. I would really like to press on to the end here, if I could, given that the day -- I don't wish to consume the whole day in this.

MR. GONZALEZ-PAGAN: No. I appreciate that.

I'll be honest, I only have a few more pages left.

So let's do -- understanding that you'd like to press on, let's do a five-minute break.

THE WITNESS: That would be fine.

THE VIDEOGRAPHER: We'll go off the record at 10:48 a.m.

(Recess taken.)

THE VIDEOGRAPHER: We are back on the record at 10:59 a.m.

general population at large. Is that right?

- A. That's correct.
- Q. Did you file a brief opposing the ability of transgender students to use the restroom consistent with their gender identity?
  - A. I did.

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- Q. Was that in the Gavin Grimm case?
- A. Yes. Yes, sir.
- Q. In that brief, did you argue that conditioning children into believing that a lifetime of impersonating someone of the opposite sex achievable only from chemical and surgical interventions is a form of child abuse?
  - A. I did say that. And I believe that.
- Q. Is it your view, then, that the provision of gender-affirming care to transgender adolescents is a form of child abuse?
  - MR. KNEPPER: Object to the form.
- A. I believe that's exactly -- I've said that several times.
- Q. Do you believe that the Center for

  Transgender Health at Johns Hopkins is engaging in a

  form of child abuse?
- A. When I talked with them when they were beginning, they said they were not going to do this

treatment to any child, and therefore, I said, that's good. If you don't do it to any child, you won't -- you'll avoid child abuse, as Dr. Lee may well testify to.

I've made no secret of the idea that these -it's impossible to give informed consent, when you're a
child or adolescent, about what is going to be a
long-term effect on your body and, fundamentally, your
life.

- Q. Are you aware that the Johns Hopkins Center for Transgender Health provides gender-affirming hormonal care to adolescents?
  - A. I have learned that since.
- Q. Do you believe, then, that they're engaging in a form of child abuse?
- A. Let me -- this is what -- probably thinks about being flat-footed. I'm quite flat-footed about this. I believe that changing the body of adolescents -- children or adolescents before the age of 21 is a form of child abuse. I'm quite -- I'm quite certain about that, about my opinion. Let's put it that way.

This is my opinion, and I've expressed it in several ways. You don't have to change around to find that. I'm terribly against it, as a form of misabuse

of a child -- misuse of a child and their feelings.

- Q. And you're aware that no medical or hormonal or surgical treatment is recommended or provided to prepubertal youth? Are you aware of that?
  - A. There's no -- no -- nothing --

- Q. Let me restate that. Are you aware that no hormonal or medical treatment is recommended for prepubertal youth?
- A. I'm aware that some people are doing it with children in the early phases of puberty. So I suppose the issue of prepubertal or early pubertal is a useful guideline, but that they're talking about using these treatments before people have fully developed, is my opinion; not only my opinion, it's what they're saying they're doing.

I'm sure the endocrinologists will help you with that better than me.

- Q. Do you believe that transgender people are disordered?
- A. I believe they suffer from an overvalued idea, yes. I expressed that in my article in "Nature Medicine."
- Q. Let me ask you this. Do you -- do you believe that your opinion that the provision of hormonal and surgical care to anyone under 21 for the

ethnic origins or, for that matter, your sex.

- Q. All right. Let's return to Exhibit 2 to the September 8 deposition, that being your report, if we can put that up.
  - A. Good.

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- Q. If we go to page 13, if we look in the middle there's -- one of your opinions states, "A currently unknown" --
  - MR. GONZALEZ-PAGAN: You can zoom in towards the middle. Yeah. Yeah, if we can zoom in a little bit for the doctor, that would be great.

THE WITNESS: Yes.

MR. GONZALEZ-PAGAN: Okay. If you go down a little bit, just so it's in the center.

## BY MR. GONZALEZ-PAGAN:

- Q. It states, "A currently unknown number (but likely larger than 50 percent)" --
  - A. Just a second.

Yeah, I got it. Okay. Yes.

- Q. Did you find it, right in the middle?
- A. I did. I've got it, yeah.
- Q. Okay. It states, "A currently unknown number (but likely larger than 50 percent) of patients reporting gender dysphoria suffer from psychiatric illness(es) that can complicate and may distort their

judgments and perceptions of gender identity."

Did I read that correctly?

A. You did, sir.

- Q. What is the literature that you rely on to back up this statement?
- A. The literature in autism and other articles of that sort. As I say, it's currently unknown, just as the literature describes some of the psychological problems these patients are suffering from, some reported by their families.

I think Laura Littman's article, for example, on the rapid onset of gender dysphoria in young girls makes something of this.

- Q. This article does not involve any conversations or study with any of the patients allegedly having gender dysphoria. Is that right?
- A. No. It has -- it is involved with a discussion with the parents of these -- often the parents of these young children -- young people.
- Q. I guess I'm wondering, on what literature do you rely on to say "likely...than 50 percent"?
- A. I can't give you an article that would show you that. But the patients that are there, that other people speak about, wonder, you know. What's really happening is that, when I say "a currently unknown

number," it's very often because people are not studying the patients thoroughly enough. That's the reason it's currently unknown. I believe it's larger than 50 percent.

- Q. Is there any literature that you can cite to, to --
- A. Not at the moment. But I'm certain you could probably find it, if you look.
- Q. To what psychiatric illnesses do you refer to in this statement?
- A. I'm referring to patients with depression, with major depression, with autism, with some aspects of obsessive compulsive disorder, and things of that sort.
- Q. Autism is not a psychiatric illness, though. Right?
- A. No. It is a psychiatric disorder. Yes, it is. Autism is. Of course, it is.
- Q. Is there any literature that you can point to, to back up your statement that depression distorts a person's judgment and perception of gender identity?
- A. Of course, I can. Many -- many people with depression have disordered attitudes about their world, including committing suicide.
  - Q. But, like, is there any literature that you

can point to, specifically, with regards to how depression distorts a person's judgment and perception of their gender identity?

- A. It distorts judgments and perceptions about everything in its life. And if he or she is in a community where gender identity is a problem, it turns up there.
- Q. Okay. Is there any literature that you can point us to that, any examples you can give us?
- A. I'm certain it could be found, but I haven't -- I can't point to one right at the moment, no.
- Q. Okay. Same question with regards to anxiety. Any literature you can point to?
- A. No. I cannot. No, I can't point to any particular literature.
- Q. Would you agree that there are some patients with gender dysphoria who do not have other cooccurring mental health diagnoses?
- A. I can't -- I can't affirm to that because I don't believe that many people study their patients thoroughly enough to make sure there are not other things in their mind, some aspects of their life story, some aspects of their sexual abuse as children. Many have reported, later on, about sexual abuse. These are the kinds of things which produce psychiatric problems

for which gender identity sometimes is a problem.

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- Q. Is it your opinion that every person who is transgendered, therefore, has another psychiatric illness?
- A. No. It is my opinion that everybody who has a gender dysphoria suffers from an overvalued idea. That's what they have. And that overvalued idea often will derive from some psychiatric problem, a psychiatric problem expressed in diagnostic terms, like depression, but may well be expressed -- may be the expression of some abuse or mistreatment that they had earlier in their life. But all of them suffer from an overvalued idea in my opinion.
- Q. And that overvalued idea, does it always come from a psychiatric illness?
- A. Well, you have to understand what I mean by psychiatric illness. I mean a disturbance of psychiatrics, of a psychological kind. And that may come out of a life experience, as does grief, posttraumatic stress disorder, things of that sort. It may come out of a personality type, like obsessive compulsive disorder. It may come out of a disorder and illness like depression, but it may come out as simply a behavior -- another form of behavior that encourages gender identity questions.

Q.	I guess what I'm asking is, can gender
dysphoria	exist independent of whether somebody else
has a psyc	chiatric illness or experience that leads to
this overv	valued issue?

A. I don't know the answer to that because I don't think it's being studied properly to decide whether gender dysphoria is an independent event or whether it, in some way, comes out of some misadventure, psychological misadventure.

To some extent, that's why it's so contentious at the moment, because we're not studying it thoroughly. We've committed ourselves to a particular therapy without really studying it adequately.

Q. If you go to the next bullet point, the next opinion, it states, "A currently unknown percentage and number of patients - many of them adolescent females - reporting gender dysphoria have been heavily influenced and/or manipulated by a source of social contagion - peer group, social media, YouTube influencers, therapists, and/or parents."

Can you cite to any scientific study that show that gender dysphoria is caused by social contagion?

A. Yes, I can point -- of course, Laura Littman,

she was the one who made it -- made this most clearly.

But you know, social contagion, it would be very strange if it didn't have some role here since the discussions by and studies of Nicholas Christakis and other people show social contagion to be an important aspect of all kinds of human behaviors.

As I said, since I believe that gender dysphoria is an expression of a behavior, social contagion must be a role -- must be playing a role. And you go, now, onto social media, and you see that people whose backgrounds and whose attitudes -- and they have no idea about it -- are speaking in groups to young people.

Q. Well, would it be fair to say, then, that your statement here is, at best, a hypothesis and not a statement of fact?

MR. KNEPPER: Object to form.

- A. Excuse me. I didn't hear that, Counselor.

  Give it to me --
- Q. Would it be fair to characterize your opinion here as a hypothesis and not a statement of fact?
  - A. It is a hypothesis, yes.
- Q. Okay. And aside from the Littman article, which we established does not study the actual patients with gender dysphoria, can you cite to any scientific

study that shows that gender dysphoria is caused by social contagion?

- A. At the moment, I can't point out to any -- any particular one. But many -- many students of the social media today are making this point themselves.
- Q. In your report, you make reference to national reviews --

MR. GONZALEZ-PAGAN: And we can go to page 10, Lauren, if we could.

THE WITNESS: Sure.

## BY MR. GONZALEZ-PAGAN:

- Q. And the last paragraph there on page 10.

  You make reference to "national research
  reviews in England, Sweden, and Finland." Do you see
  that?
  - A. Yes, I do. Yeah.
  - $\ensuremath{\mathsf{MR}}\xspace$  . GONZALEZ-PAGAN: We can -- we can stop sharing the screen, Lauren.
- Q. What is the national review from England to which you refer?
- A. There was these various studies that -- there have been a number of studies, both in Britain and in Sweden and in Finland, that have been reviewed in the legal documents. And I can't put my finger on it for you right now. I'm sure we could find it.

- Q. Do you know whether it was peer reviewed?
  - A. I'm sure it would be.
- Q. Would it surprise you if I told you that it wasn't?
- A. Well, it would not surprise me, but it would -- it would encourage me to tell you that it hasn't been refuted either. But peer reviewed --
- Q. Do you know if it was published in a scientific journal?
  - A. I don't.

MR. KNEPPER: Objection. Form.

- Q. What is the national review from Sweden to which you refer?
- A. I was referring to the Dhejne one that we mentioned before.
  - Q. Is it the study from 2011?
- 17 A. Yes.

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- Q. This is not a national review study. This is an academic scientific study. Is that right?
  - A. It is a scientific study, yes.
- Q. And we established that it was just simply comparing the rate of suicidality between postop people with gender dysphoria and the general population at large. Is that right?
  - A. Yes, we did.

- Q. What is the national review from Finland to which you refer?
  - A. I can't put my finger on it for you right now, but Finland is, as I understand it, because of these things, looking much more carefully at the treatments. I can't point these things out to you right at the moment. Not at my fingertips.
  - Q. Yeah. I mean, I guess my question, in part, has to do with, I may have an idea, maybe, of what you're talking about.
    - A. Good.

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- Q. But I don't know to what you're referring to in your report, and there's no bibliography. So I'm asking those questions now --
  - A. That's fair enough.
- Q. -- because I don't know to what studies you are referring to.
- A. That's fair enough. I think we can find them if we need to.
- Q. Do you know whether the review -- the national research review from Finland to which you refer was published in a scientific journal?
  - A. No. I'm not sure.
  - Q. Do you know whether it was peer reviewed?
  - A. I'm not sure. It probably was.

Q. Would you be surprised if I told you that it wasn't?

A. Nothing would surprise me right now because this is a contentious issue and a contentious matter, and so the fact that you say, well, the peers not reviewing it, yeah, that will happen.

Most of the evidence now is moving in the direction that I'm saying.

- Q. Are you aware that the review in Finland pertained solely to the care for minors or adolescents?
  - A. Yes, I am. I was aware of that.
  - Q. Are you aware that the report -Yeah. Go ahead.
- A. That's the issue, isn't it, the minors? Yeah.
- Q. Well, you say, "That's the issue." And so I guess I want to ask, this care pertains to a categorical exclusion that prohibits medical care not just for adolescents but also for adults.
- A. I understand that. I was just saying, this is the issue in Finland, isn't it? That's what I meant.
- Q. Are you aware that the report from Finland recommends that hormonal intervention may be considered before reaching adulthood in those with firmly

established transgender identity?

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- A. I was aware of that, yes.
- Q. Do you disclose in your report that Finland does provide coverage for hormonal and medical treatment for gender dysphoria in adolescents and adults?

MR. KNEPPER: Objection. Form.

- A. I don't -- I don't understand the question quite there.
- Q. Sure. You speak of this review -- national research reviews as casting doubt on the propriety of this treatment.

Is that a fair characterization?

- A. That's fair, casting doubt, yes.
- Q. And I guess an important limitation to that is that, in these countries, which have nationalized healthcare systems --
  - A. Yeah.
  - Q. -- they provide and cover this care.
- A. Yes. Yes. But they're doubting it, and the chances -- what I'm saying, I suppose, here -- what I mean to imply is that the movement is towards more and more doubt of this, what was once a confident opinion of treatment and --
  - Q. Do you think it is any -- do you think it is

a limitation of your opinion and a valid -- it would have been helpful to the Court for you to disclose that, notwithstanding this doubt, the healthcare system in these countries still provide for and cover for this care?

MR. KNEPPER: Objection.

- A. No, I don't think so. I was making a point.
- Q. Last time, on September 8, when we were talking, you stated that, quote, "I think people do better and live better and flourish better and need less help from...doctors if their natal sex and their attitude towards...their own sex is the same."
  - A. Yes.

- Q. Okay. So that sounds like -- do you stand by that statement today?
  - A. T do.
- Q. On what peer-reviewed or scientific literature do you rely on for that opinion?
- A. This -- this is -- I'm relying on, primarily, common sense, having -- seeing nothing on the opposite that would prove me wrong.
- Q. But as we stand here today, is there any scientific literature or article or study that you can point to, that supports that opinion?
  - A. What I'm saying is that, this is my opinion.

If you wish to change my opinion, you need a scientific article that proves my opinion to be wrong.

I know no article that proves my opinion to be wrong. I'm not saying that my opinion will be supported, but I'm saying that, when you make such a contention that somebody's sex would do -- somebody would do better by trying to change what is impossible to change and to live in that way, that that will be the long-term benefit of the patient, I think the problem of the proof is with you, not with me.

- Q. You are aware, however, that there are cohorts and cross-sectional studies that do demonstrate benefit to the transgender patients' --
  - A. I'm aware of them. I also --
  - Q. -- medical treatment?
- A. I beg your pardon. I didn't mean to interrupt you.
  - Q. No.

- -- that complete medical treatment.
- A. Yeah, I'm aware of them. I'm also aware of their limitations, that they're not long enough and that many professional organizations agree, even when they -- when they support it, that the evidence is yet not strong.
  - MR. GONZALEZ-PAGAN: All right. I know we've